THE ANGELUS

Lead: The Angel of the Lord declared unto Mary,
All: And she conceived of the Holy Spirit.
Hail Mary, full of grace. The Lord is with you. Blessed are you among women and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

Lead: Behold the handmaid of the Lord.
All: Be it done unto me according to Your Word. Hail Mary, full of grace...

Lead: And the Word was made flesh,
All: And dwelt among us. Hail Mary, full of grace...

Lead: Pray for us, O holy Mother of God.
All: That we may be made worthy of the promises of Christ.

Lead: Let us pray:
All: Pour forth, we beseech You, O Lord, Your Grace into our hearts; that as we have known the incarnation of Christ, your Son by the message of an angel, so by His passion and cross we may be brought to the glory of His Resurrection. Through the same Christ, our Lord.
Amen.

THE OUR FATHER

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven.
Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.
Amen.

THE HAIL MARY

Hail Mary, full of grace, the Lord is with you; blessed are you among women, and blessed is the fruit of your womb, Jesus.
Holy Mary, Mother of God, pray for us sinners now and at the hour of our death.
Amen.

THE GLORY BE

Glory be to the Father, the Son, and the Holy Spirit; as it was in the beginning, is now, and ever shall be, world without end.
Amen.
**PRAYERS**

**FAMILY PRAYERS**

**Prayer to My Guardian Angel**

Angel of God, my guardian dear, to whom God's love commits me here, ever this day be at my side, to light and guard, to rule and guide. Amen.

**Divine Mercy Prayer**

Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, our Lord Jesus Christ, in atonement for our sins and those of the whole world. For the sake of His sorrowful passion, have mercy on us and on the whole world.

**Come Holy Spirit**

Come, Holy Spirit, fill the hearts of Thy faithful and enkindle in them the fire of Thy love. Send forth Thy Spirit and they shall be created. And Thou shalt renew the face of the earth.

Let us pray: O God, Who didst instruct the hearts of the faithful by the light of the Holy Spirit; grant us in the same Spirit to be truly wise, and ever to rejoice in His consolation. Through Christ our Lord. Amen.

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**The Memorare**

Remember, O Most Gracious Virgin Mary, that never was it known that anyone who fled to Thy protection, implored Thy help, or sought Thy intercession, was left unaided. Inspired by this confidence, I fly unto Thee, O Virgin of Virgins, My Mother, to Thee do I come, before Thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in Thy mercy, hear and answer me. Amen.

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**The 5 Finger Prayer**

**INDEX FINGER**

FOR THE ONES THAT TEACH US

For those who instruct you and heal you. They need the support and wisdom to show direction to others.

**MIDDLE FINGER**

FOR OUR GOVERNORS

As it is the tallest finger, it reminds us of our leaders, the governors and those who have authority.

**RING FINGER**

FOR THE SICK AND WEAKEST

It is our weakest finger. It reminds us to pray for the weak, the sick or those plagued by problems.

**THE THUMB**

FOR THE ONES WE LOVE

Start praying for those who are closest to you. They are the easiest to remember.

**THE PINKY**

PRAY FOR YOURSELF

The smallest finger—should remind you to pray for your own needs when you are done praying for the other four groups.

**SOURCE:**

CATHOLIC.ORG - POPE FRANCIS’ FIVE FINGER PRAYER