

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>JULY</b></p> <p><b>St. Mary Magdalen Adult Center</b></p> <p><b>Menu</b></p> <p><b>2010</b></p>	<p><b>AM Snack every day may include: cereal, raisin toast, coffee, orange juice, milk, etc.</b></p> <p><b>P.M. Snack: milk or water</b></p> <p><b>Note: Margarine served with bread</b></p>		<p><b>1</b></p> <p>Tuna Salad Sandwich Broccoli Salad Pasta Salad Crackers Pear Milk</p>	<p><b>2</b></p> <p>Hot Dog on a Bun Ketchup, Mustard &amp; Relish Baked Beans Green Beans Applesauce Milk</p>
<p><b>5</b></p> <p><b>CLOSED</b></p> <p><b>FOR</b></p> <p><b>INDEPENDENCE DAY HOLIDAY</b></p>	<p><b>6</b></p> <p>Meatloaf Mashed Potatoes Peas &amp; Carrots Whole Wheat Bread Pear Milk</p>	<p><b>7</b></p> <p>Orange Juice BBQ Chicken Macaroni and Cheese Sugar Snap Peas Biscuit Applesauce Milk</p>	<p><b>8</b></p> <p>Turkey Sandwich / Mustard Broccoli Salad Coleslaw Chocolate Pudding Milk</p>	<p><b>9</b></p> <p>Spaghetti and Meatballs Carrots Spinach Garlic Bread Fruit Cocktail Milk</p>
<p><b>12</b></p> <p>Ham Steak with Glaze Black-eyed Peas Cabbage Dinner Roll Pineapple Milk</p>	<p><b>13</b></p> <p>Herb Baked Chicken Potatoes au Gratin Mixed Vegetables Whole Wheat Bread Raisins Milk</p>	<p><b>14</b></p> <p>Hamburger on a Wheat Bun Onion, Ketchup, Mustard Green Beans Roasted Potatoes Fruit Crisp Milk</p>	<p><b>15</b></p> <p>Turkey Ham Sandwich Mustard Potato Salad Bean Salad Yogurt Milk</p>	<p><b>16</b></p> <p>Quiche Peas Baby Carrots Whole Wheat Bread Banana Milk</p>
<p><b>19</b></p> <p>Pork Chop with Sauce Brown Rice Greens Whole Wheat Bread Peaches Milk</p>	<p><b>20</b></p> <p>Orange Juice Sausage Patty Scrambled Eggs with Cheese Home Fries Whole Wheat Bread Yogurt Milk</p>	<p><b>21</b></p> <p>Meatball Sub on Hoagie Roll Spinach Corn Raisins Milk</p>	<p><b>22</b></p> <p>Chicken Salad Sandwich Tossed Salad with Dressing Carrot Raisin Salad Orange Milk</p>	<p><b>23</b></p> <p>Baked Fish Broccoli Casserole Roasted Sweet Potatoes Whole Wheat Roll Cookie Milk</p>
<p><b>26</b></p> <p>Sausage with Peppers &amp; Onions on Hoagie Roll Roasted Potatoes Sugar Snap Peas Applesauce Milk</p>	<p><b>27</b></p> <p>Chicken Etouffee with Rice Red Beans Spinach Corn Bread Pear Milk</p>	<p><b>28</b></p> <p>Salisbury Steak Mashed Potatoes Cabbage Whole Wheat Bread Fruit Cocktail Milk</p>	<p><b>29</b></p> <p>Hot Roast Beef Sandwich on a Hoagie Roll Mashed Potatoes Green Beans Orange Milk</p>	<p><b>30</b></p> <p><b>Birthday Celebration Lunch</b> Chicken Fettuccine Alfredo Mixed Vegetables Peas Garlic Bread Birthday Cupcake Milk</p>